

# Therapeutic Efficacy of RopanaTaila on Wound: A Literary Review

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#### ABSTRACT

The increasing prevalence of wounds have an impact on the healthcare system. Living with a wound can significantly impact one's quality of life. Physical injuries that induce an opening (or break) in the skin and disrupt the normal structure and function of the skin are known as wounds. Plantbased remedies have been used for thousands of years to treat and repair wounds. All Indian medical traditions, including Ayurveda, Siddha, and Unani, mention using medications from plant, mineral, and animal origins to cure and heal wounds. Since they are so widely available, plants are given top priority, but only a small number of plant materials have scientific proof of their ability to heal wounds.RopanaTaila is classical ayurvedic formulation described in Sushruta Samhita in the chapter named 'Mishrak' indicated for the treatment of wound. It helps in wound healing. This article reviews therapeutic effects of various ingredients of Ropana Taila on wound.

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KEYWORDS:Wound, Curcuma longa, Vranaropana, TilaTaila

#### **INTRODUCTION** I.

Dependancy of more than 80% of the world's population are upon traditional medicines for various skin diseases.[1]Compared to only 1-3% of modern medications, almost one-third of all traditional remedies are used to heal wounds and skin conditions.[2]In the process of healing wounds, many Ayurvedic plants play a crucial role. More than 70% of pharmaceuticals for treating wounds are made from plants, 20% from minerals,

\_\_\_\_\_ remaining and the 30% from animal products.[3]The treatment of wound healing by medicinal plants has been the subject of extensive research.Herbal remedies for wound care involve cleaning, debridement, and supplying a moist atmosphere to promote the development of the ideal environment for the natural healing process.[4] In Sushruta Samhita, various medicinal plants assingle and compound formulations having Vranashodhana (wound cleansing) and VranaRopana (wound healing) potential are numerated.[5] RopanaTailais anayurvedic classical formulation mentioned in Sushruta Samhita under chapter 37. It is indicated for Vranaropana (wound healing).

There are 8 herbal drugs in RopanaTailai.eHaridra(Curcuma longa), Daruharidra (Berberis aristata), Devdaru (Cedrus deodara), Priyangu (Callicarpa macrophylla), Agar (Aquilaria agallocha), Tagar (Valerianawallichii), Lodhra (Symplocosracemosa) and TilTaila (Sesamum indicum).[6]

# Haridra (Curcuma longa Linn.)

Turmeric, also known as Curcuma longa, perennial herb that belongs to the is a Zingiberaceae (ginger) family. It is widely grown in Asia, primarily in China and India. A yellow powder is produced from the rhizome, the medicinal part of the plant. It is used predominantly as an anti-inflammatory.[7]A natural antiseptic, turmeric is frequently referred to as "Indian saffron."[8]



	DhanvantriNighan	RajdevNighant	KaydevNighan	Nighantu	BhavprakashNighan	
	tu [9]	u [10]	tu [11]	Adarsh [12]	tu [13]	
Varga	GuduchyadiVarga	PippalayadiVar	AushadhiVarga	AdrakadiVar	HaritkyadiVarga	
_		ga		ga		
Synony	Pitika, Pinga, Rajni,	Vishaghani,	Varini, Gauri,	Haridra,	Haridra, Kaanchni,	
ms	Nisha, Gauri,	Varvarini,	Peeta,	Nisha, Gauri,	Peeta, Krimaghani,	
	Haldika, Vishaghni,	suwarna, Shiva,	Romashmulika,	Varvarini,	Yoshitpriya,	
	Jayanti,	Varini,	Harita, Vasihya,	Rajni,	Hattvilasni,	
	Dirgharangi	Dirgharaga,	Rajni,	Yoshitpriya	Nishaakhya,	
		Varnadatri,	Pindbhadra,		Varvarini	
		Vara, Janistha,	Nisha, Pinda,			
		Subhaga,	Dhirgharanga			
		Shyama,				
		Jayantika,				
		Shipha,				
		Lakshmi				

# Categorisation of Haridra in classics

#### Rasa panchaka (Ayurvedic pharmacological property) of Haridra in various texts

Nighantu	Raspanchak					Therapeutic
	Rasa	Guna	Virya	Vipak	Dosha Karma	Uses
				a		
Shaligram Nighantu[14]	Katu, Tikta	Ruksh	Ushn	-	Kaphavatanashak	Vrana,
		а	а			Prameha,
						Shotha,
						Raktadosha,
						Panduroga
BhavprakashNighantu[13	Katu, Tikta	Ruksh	Ushn	-	Kaphapittanashak	Prameha.
]	Rasa	а	a			Shotha, Pandu,
						Vrana
Rajdev	Katu, Tikta	-	Ushn	-	KaphavataHara	Vrana,
Nighantu[10]			а			Prameha,
						Kandu
DhanvantriNighantu[9]	Tikta	Ruksh	Ushn	-	-	Vrana,
		а	а			Prameha,
						Kandu, Kustha,
						Visha
KaidevNighantu[11]	Titka, Katu	Ruksh	Ushn	-	Kaphapittanashak	Pandu, Vrana,
		а	а			Visha, Shotha
Nighantu Adarsh[12]	Tikta,	-	Ushn	Katu	KaphaVata Hara	Kustha, Kandu,
	KatuKashay		а			Vrana,
	а					Prameha
DravyaGuna Vigyana[15]	Titka, Katu	Laghu,	Ushn	Katu	Kaphavatashama	Shothaghana,
		Ruksh	а		k	Vedanasthapan,
		а				Kusthaghana,
						Vranashodhana
						, Vranaropana

#### **Chemical constituents**

Curcuminoids, a mixture of curcumin (diferuloylmethane), monodexmethoxycurcumin, and bisdesmethoxycurcumin, are the active components of turmeric.Curcuminaccounts for approximately 90% of the curcuminoid content in turmeric.Sugars, proteins, and resins are other constituents present in it. Curcumin, which makes up 0.3-5.4% of raw turmeric, is the active ingredient on which most of the research is done.[16]

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# Pharmacological activity

Antiinflammatory, anthelmintic, antiasthamatic activity, neuroprotective activity, anticancer activity.

#### Latest Researches

- 1. Comparative evaluation of antiinflammatory activity of curcuminoids. turmerones, and aqueous extract of Curcuma concludes potent longa-Study antiinflammatory activityofCOFAE of C longa.[17]
- 2. Immunomodulatory, anti-inflammatory, and antioxidant effects of curcumin - Study concluded the effects of anti-inflammatory, antioxidant and immuno-modulatory actionof curcumin.[18]
- 3. Turmeric (Curcuma longa) Rhizome Paste and Honey Show Similar Wound Healing Potential: A Preclinical Study in Rabbits. - It was observed that the wound healing was statistically significantly faster (P < .01) in both treatment groups compared to the control group.[19]

# Categorisation of Daruharidra in classics

- 4. Antioxidant Activityof Curcuma longa L., novel foodstuff. - Study was conducted on methanolic extract of curcuma longa. In vitro antioxidant study was performed. All fractions showed antioxidant activity.[20]
- 5. Evaluation of antimicrobial activity of Curcuma longa rhizome extract against Staphylococcus aureus – results showed that the methanolic fraction of C. longa rhizome had high potential to inhibit some pathogenic bacteria S. aureus to a greater degree than other fractions of C. longa.[21]

#### DARUHARIDRA (Berberis aristataDC)

Daruharidra, also known as Berberis aristata, is a member of the family Berberidaceae.It is a hard,spinous yellowish herb.[22]This plant is primarily cultivated in the sub-Himalayan region, the Nilgiri Hills of southern India, and hilly regions of Nepal up to a height of 2000–3500 metres.[23]The official source of drug are considered as roots of the plant.[24]The plant has traditionally been used to treat inflammationand woundhealing. [25-26]

	DhanvantriNigha	RajdevNighan	KaydevNigha	Nighantu	BhavprakashNigha	
	ntu [9]	tu [10]	ntu [11]	Adarsh [12]	ntu [13]	
Varga	GuduchyadiVarga	PippalayadiVar	AushadhiVarga	DaruharidradiVa	HaritkyadiVarga	
		ga		rga		
Synony	Peetdru,	Peetdru,	Katankteri,	Darunisha,	Darvi, Daruharidra,	
ms	Peetchandan,	Kaliyak,	Darvi,	Daruharidra,	Parjani, Peeta,	
	Kastharajni,	Peetdaru,	Darunisha,	Darvi,	Pachampcha,	
	Kaliyak,	Sthirraga,	Nisha, Peeta,	Pachampcha,	Kaliyak, Peetdaru,	
	Darunisha, Darvi,	Kamini,	Peetdru,	Katanktari	Peetak, Peetdru	
	Peetdaru,	Kaamvati,	Hemkanti,			
	Hemkanta,	Pachampcha,	Peetchandan,			
	Kusumbhaka	Karkatikini,	Peetdaru,			
		Darunisha	Katankti			

# Rasa Panchaka (Ayurvedic Pharmacological property) of Daruharidra in various texts

Nighantu	Raspancha	ık		Therapeutic		
	Rasa	Guna	Virya	Vipaka	Dosha Karma	Uses
Shaligram Nighantu[14]	Katu,	-	Ushna	-	Vatanashak	Prameha, Kandu,
	Tikta					Vrana, Visha
BhavprakashNighantu[13]	KatuTikta	Ruksha	Ushna	-	Kaphapittanashak	Prameha, Kandu,
	Rasa					Vrana, Shotha
Rajdev	Tikta,	-	Ushna	-	-	Vrana, Prameha,
Nighantu[10]	Katu					Kandu
DhanvantriNighantu[9]	Tikta	Ruksha	Ushna	-	-	Vrana, Prameha,
						Kandu
KaidevNighantu[11]	Tikta,	Ruksha	Ushna	-	Kaphapittanashak	Pandu, Vrana,

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	Katu					Visha, Shotha
Nighantu Adarsh[12]	Tikta,	Rukshs	Ushna	Katu	KaphapittaHara	Kustha, Kandu,
	Katu					Vrana, Prameha,
						Vranashotha
DravyaGuna Vigyana[15]	Tikta,	Laghu,	Ushna	Katu	Kaphapittahara	Shothahara,
	Kashaya	Ruksha				Vedanasthapana,
						Vranashodhana,
						Vranaropana,
						Raktastambhana

Berberis aristata contains the alkaloidsberbamine, Berberine, oxycanthine, palmatine. epiberberine, dehydrocaroline, jatrorhizine, karachinedihyrokarachine, taximaline, oxyberberine, aromoline and columbamine [27] as terpenoids, flavanoids, well as sterols, anthocyanins, lignans, vitamins, proteins, lipids and carotenoids.[28-29]

#### Pharmacological activity

Anti-Diabetic, Anti-Microbial, Antihemorrhagic, Anti-Cancer, Anti-Lipidemic, Anti-HIV, Anti-Pyretic, Anti-Inflammatory.[30]

# Latest Researches

- 1. Anti-inflammatory and anti-granuloma activity of Berberis aristata DC. in experimental models of inflammation - Anti-inflammatory and anti-granuloma activity of BA hydroalcoholic extract (BAHE) were evaluated in experimental models. Results showed that treatment with BA effectively inhibited the inflammation, granuloma formation, and  $TNF-\alpha$ level serum and exhibited immunomodulatory activity on macrophagederived mediators.[31]
- Studyofphytochemical, antioxidant,antimicrobial and anticancer activity ofBerberisaristata - Study of antimicrobial and antioxidant activity in assay

like DPPH (Diphenyl-2-picrylhydrazyl) assay, hydrogen peroxideassay andreducing power assay was done. The plant extract also showed antifungal and antibacterial activity against major pathogens like C Albicans, S typhii, P aeruginosa and E coli. Also, theextractshowedantioxidant activity comparable to that of L Ascorbic Acid.[32]

3. Pharmacological Investigation of Berberis Aristata (Berberidaceae) For Its Antipyretic and Analgesic Activity In Laboratory Animals - study was focussed on analgesic and antipyretic effects of ethanolic extract of B. aristata (EEBA) stem in animal models. Study concluded that the ethanolic extract of Berberis aristata (EEBA) possessed a significant antipyretic activity and has both central and peripheral analgesic activity.[33]

# DEVDARU (Cedrus deodara Roxb.)

Cedrus deodara, common cedar, is an important plant belonging to the family Pinaceae. Its widespread distribution in tropical and subtropical regions; the species that make up the genus are trees that are sometimes grown for ornamental or traditional cultural uses.[34]Most essential oils are produced from the plant that have great medicinal and pharmaceutical use.Oil and plant extracts are used to treat a variety of conditions, including inflammations, itching, skin and blood diseases.[35]

	Dhanvantri Nighantu	Rajdev	Kaydev	Nighantu	Bhavprakash
	[9]	Nighantu [10]	Nighantu [11]	Adarsh [12]	Nighantu [13]
Varga	GuduchyadiVarga	ChandanadiVarg	AushadhiVarg	DevdarvadiVarg	KapuradiVarg
		а	а	а	а
Synonym	Daru, Surahava,	Surdaru, Daruk,	Devkastha,	Devdaru,	Devdaru,
s	Kilima, Snehavidha,	Snigdhadaru,	Bhadrakastha,	Surahava,	Darubhadra,
	Mahadaru, Bhadradaru,	Amardaru,	Shakdru,	Surdaru, Kilim,	Indradaru,
	Devkastha, Surdaru,	Bhadradaru,	Kilim, Daru,	Bhadradaru,	Mastdaru,
	Indravriksha&Amardar	Shivdaru,	Bhadradaru,	Peetdru,	Kilim,
	u	Shambhav,	Surahva	Putikastha,	Surbhuruha
		Rudradaru,		Surkastha	

#### Categorisation of Devdaru in classics

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			]	Bhuthari,					
Rasa Panch	naka (A	vurvedic	Pharmaco	logical property	) of Devda	aru in va	arious texts		
Nighantu	l	Raspan	chak		012014			Therap	eutic Uses
		Rasa	Guna	Virya	Vipaka	Dosha	Karma	-	
Shaligra	m	Tikta	Laghu,	-	Katu	Vatana	shak	Shotha,	Kandu,
Nighantu	ı [14]		Snigdha					Prameha Raktavil	i, kar
Bhavpra	kash	Tikta	Laghu,	Ushna	Katu	Vatana	shak	Shotha,	Jwara,
Nighantu	ı [13]		Snigdha					Raktado Prameha	sha, 1, Kandu
Rajdev Nighantu	ı [10]	Tikta	Snigdha	Ushna	-	Kaphav	vataNashak	Arsha, Jwara	Prameha,
Dhanvan Nighantu	tri 1 [9]	Tikta	Snigdha	Ushna	-	Kaphav	vataNashak	Aaamdo Adhama Prameha	sha, na, ı
Kaidev		Tikta,	Laghu,	Ushna	Katu	Kaphav	vataNashak	Kandu,	Shotha,
Nighantu	ı [11]	Katu	Snigdha					Jwara, P	rameha
Nighantu Adarsh [	ı 12]	Tikta	-	Ushna	Katu	Vataka	phaNashaka	Shotha, Vatvrana Kaphaka	Kustha, a, asa
Dravya Vigyana	Guna [15]	Tikta	Laghu, Snigdha	Ushna	Katu	Kaphav	vatahara	Shothah Vedanas Kusthag Krimigh Vranash Vranaro	ara, thapana, hana, ana, odhana, pana

Sesquiterpene (i.e., ahimachalene (12.5%) and  $\beta$ -himachalene (43%))[36] are the principle constituents of the oil and associated with them are sesquiterpene alcohols (himachalol, allohimachalol, himadarol, isocentdarol and centdarol.[37] 9-hydroxy-dodecanoic acid, ethyl laurate, ethyl stearate, beta-sitosterol, shikimic acid, ferulic acid, beta-glucoside. (-)-Matairesinol, nortrachelogenin, (-)and а dibenzylbutyrolactollignan (4, 4', 9-trihydroxy-3, 3'-dimethoxy-9, 9'-epoxylignan) were all found to be powerful antioxidants. There are tannins, saponins, flavonoids, and alkaloids in the leaf part. [38-39]

# Pharmacological activity

Spasmolytic,	anti-inf	lammatory,	antibacterial,
antifungal,	an	tiseptic,	antiviral,
immunomodula	tory,	analgesic,	antipassive
cutaneous activ	ity.[40]		

#### Latest Researches

1. Studies on the anti-inflammatory and analgesic activity of Cedrus deodara (Roxb.) Loud. wood oil - The oral anti-inflammatory and

analgesic properties of wood oil from Cedrus deodara were investigated. It significantly inhibited both the exudative-proliferative and chronic phases of inflammation, as well as the edema that was caused by carrageenan in rat paws. The oil at both tested doses was found to possess analgesic activity when tested against acetic acid-induced writhing and hot plate reaction in mice.[41]

2. Evaluation of antioxidant and antimicrobial activities on various extracts of Himalayan medicinal plants - Their antioxidant activities were evaluated using free radical scavenging assay, reducing power, total antioxidant capacity and total phenolic contents. Against the DPPH radical, each fraction demonstrated significant radical scavenging activity. All of the extracts were found to be effective against various gram-positive and gram-negative bacteria strains. [42]

# PRIYANGU (Callicarpa macrophylla Vahl.)

Callicarpa macrophylla, also known as Priyangu, is a member of the Verbenaceae family. In the world, Callicarpa macrophylla is widely dispersed over South East Asia, Bhutan, China,



India, and Burma. [43]It is said that the plant can treat burns and stop internal and external bleeding.[44]People in the Chamoli district of

Uttarakhand, India, use warmed leaf infusion to treat arthritis pain. [45]Cuts and wounds can be healed with the bark. [46]

	Dhanvantri Nicharty [0]	Rajdev Nichanty [10]	Kaydev	Nighantu	Bhavprakash
<b>X</b> 7	Nignantu [9]		Nignantu [11]	Adarsh [12]	
varga	Chandanadiva	Aamradi v arga	Dhanyavarga	Padmakadivarga	Kapuradivarga
	rga				
Synonyms	Priyavalli,	Phalini,	Peettandulik,	Priyangu,	Priyangu, Phalini,
	Phalini,	Shyama,	Kangu,	Vishwakshen-	Kaanta, Lata,
	Kanguni,	Privalli,	Durjara	kanta,	Gundra,
	Priya, Vritta,	Phalapriya,		Gandhapriyang,	Gandhphala,
	Govandani,	Gauri,		Phalini	Shyama, Priya,
	Shyama,	Govandani,			Vishwaksenagna
	Karambha&V	Vrita,			
	arnabhedni	Karambha,			
		Bhangura,			
		Parnabhedini,			
		Mangala,			
		Shreyasi,			
		Shubha,			
		Kanguni			

# Categorisation of Priyangu in classics

# Rasa panchaka (Ayurvedic pharmacological property) of Priyangu in various texts

Nighantu	Raspancha	k			~	Therapeutic Uses
_	Rasa	Guna	Virya	Vipaka	Dosha Karma	_
Shaligram	Tikta,	-	Sheeta	-	Kaphapittanashak	Kustha, Gulma,
Nighantu [14]	Kashaya					Prameha,
						Vishanashaka
Bhavprakash	Tikta,	Guru	sheeta	-	Kaphapittanashak	Raktatisar. Daha,
Nighantu [13]	Kashaya					Jwara, Visha
Rajdev	Tikta	-	Sheeta	-	Pittahara	Vamana, Bhrama,
Nighantu [10]						Jwara
Dhanvantri	Tikta	-	sheeta	-	-	Daha, Jwara,
Nighantu [9]						Vamana, Raktapitta
Kaidev	-	Guru,	-	-	Kaphanashak	-
Nighantu [11]		Ruksha				
Nighantu	Tikta	-	Sheet	Katu	Pittakaphanashak	Sandhaniya,
Adarsh [12]						Shonitsthapana,
						Vranaropana,
Dravya Guna	Tikta,	Guru,	Sheeta	Katu	Tridoshashamak	Vedanasthapana,
Vigyana [15]	Kashaya,	Ruksha				Vishaghana,
	Madhura					Jwaraghana

# **Chemical constituents**

Alcoholic stem extract revealed the presence of glycosides, flavonoids, tannins, carbohydrates, steroids, and alkaloids while the absence of proteins, amino acids, and saponins.[47] Essential oil (diterpene) calliterpenone, and calliterpenone monoacetate are found in the roots and aerial portion. Oleanolic acid, calliterpenone, and calliterpenone-17-acetate are found in the

seeds. Oleanolic acid, calliterpenone, luteolin, betasitosterol, ursolic acid, apigenin, diterpene – calliphyllin, and crategolic acid are tetracyclic diterpenes. [40]

#### Pharmacological activity

Antibacterial activity, [48] Analgesic activity, [49] Anti-inflammatory activity, [50] Antifungal



activity,[51] Anti-diabetic,[52] hepatoprotective activity,[53] anti-arthritic activity.[54]

# Latest Researches

- 1. Preliminary Assessment of Anti-Inflammatory Activity of Callicarpa macrophylla Vahl. Leaves Extracts - The anti-inflammatory activity of leaf extracts was evaluated using the carrageenan paw edema method. In comparison to standard medication, the ethanolic and aqueous extracts of Callicarpa macrophylla leaf extracts significantly reduced inflammation during the acute phase.[50]
- 2. In vitro Evaluation of Antifungal Activity of Callicarpa macrophylla Vahl. Leaves - Using the agar-well diffusion method, the antifungal activity of C. macrophylla leaf extract was determined. It is possible to draw the conclusion that the antifungal properties of C. macrophylla leaves are comparable to those of synthetic fungicides that are already widely available on the market.[55]
- 3. Evaluation of Antibacterial Activity of Callicarpa macrophylla Vahl. Stem Extracts-The antibacterial activity of the stems against various gram-positive and gram-negative bacterial strains was tested in vitro. According to the findings, both the ethanolic extract of C. macrophylla and the aqueous extract must contain distinct anti-salmonella compounds that may have a distinct effect on this bacterium. It may have a broad spectrum in general.[56]
- 4. Assessment of anti-inflammatory and analgesic activities of Callicarpa macrophylla Vahl. roots extracts Evaluation of analgesic and anti-inflammatory properties using the carrageenan paw edema method and the tail immersion

model. Following oral administration of the ethanolic and aqueous extracts of C. macrophylla Vahl's leaves and roots, a significant reduction in the painful sensation caused by tail immersion in warm water was observed. In comparison to standard medication, the ethanolic and aqueous extracts of Callicarpa macrophylla root had a significant anti-inflammatory effect during the acute phase of the inflammation process. One or more of the phytoconstituents that may inhibit histamine, serotonin, or prostaglandin synthesis may be responsible for the antiinflammatory activity.[57]

Evaluation of Immunomodulatory 5 and Antioxidant activities of polysaccharides isolated from Callicarpa Macrophylla Vahl -This study examines the immunomodulatory antioxidant properties and of three polysaccharide fractions isolated from Callicarpa macrophylla Vahl. All three fractions demonstrated strong immunomodulating activity, indicating that they can positively influence our immune system. It demonstrated antioxidant activity comparable to that of the standard ascorbic acid.[58]

# AGAR (Aquilaria agallochaRoxb.)

Aquilaria agallocha belongs to the family Thymelaeacea. In addition, it is referred to as eaglewood in English, Agarwood in Hindi, Oodh in Urdu, Aguru in Sanskrit, Sasi or Sashi in Assamese and heartwood aloewood in English.[59] The tree is famous for its agarwood, a resinous and fragrant heartwood that is frequently used in Ayurvedaand traditional medicalpractice.[60]Its bark, root, leaves, and heartwood are typically employed for their medicinal benefits.[61]

	Dhanvantri	Rajdev	Kaydev	Nighantu	Bhavprakash	
	Nighantu [9]	Nighantu [10]	Nighantu [11]	Adarsh [12]	Nighantu [13]	
Varga	ChandanadiVarga	ChandanadiVarga	AushadhiVarga	AgruvadiVarga	KapuradiVarga	
Synonyms	Pravar, Loha,	Kalaagru, Agru,	Krishnaagru,	Agru, Rajarha,	Agru, Pravar,	
	Krimijagdha,	Shringaar,	Shresthavriksha,	Loha, Krimaj,	Loha, Yogaj,	
	Anaryak,	Diswarupak,	Jongak,	Jongak,	Vanshik.	
	Krishnagru,	Shirsha, Vasuk,	Krimijagdh,	Kalaagru	Krimaj,	
	Swaadagru,	Kasthaka, Vallar,	Malin, Shirshak,	_	Krimijagdha,	
	Yogaj&Vishwarupak	Gandharajaka	Kaleya, Agru,		Anaryak	
			Pravar			

#### Categorisation of Agar in classics



Nighantu	Raspancha	ık				Therapeutic Uses
	Rasa	Guna	Virya	Vipaka	Dosha Karma	
Shaligram	Tikta,	Laghu	Ushna	-	VatakaphaNashak	Karnaroga,
Nighantu	Katu					Netraroga
[14]						
Bhavprakash	Katu,	Tikshna	Ushna	-	VatakaphaNashak	Karna-akshiRoga
Nighantu	Tikta					
[13]						
Rajdev	Katu	-	Ushna	-	Vatahara	Pittajvikar
Nighantu	Kashaya					
[10]						
Dhanvantri	Katu,	Snigdha	Ushna	-	Vatakaphashamak	Kustha,
Nighantu [9]	Tikta					Karnashool,
						Netrapeeda
Kaidev	Katu,	Laghu,	Ushna	-	VatakaphaNashak	Karna-akshiRoga
Nighantu	Tikta	Tikshna				
[11]						
Nighantu	Katu,	-	Ushna	Katu	VatakaphaNashak	Kustha, Shotha,
Adarsh [12]	Kashaya					Vranashodhana
Dravya	Titka,	Laghu,	Ushna	Katu	Kaphavatashamak	Shothaghana,
Guna	Katu	Ruksha				Vedanasthapan,
Vigyana [15]						Kusthaghana

#### Rasa panchaka (Ayurvedic pharmacological property) of Agar in various texts

# **Chemical constituents**

It contains carbohydrate, tannin, saponin, anthroquinone, protein, amino acid, alkaloid, glycoside, fixed oil and fat and terpenoid.[62]

# Pharmacological activity

Antioxidant,[63]Antibacterialactivity,[62] Analgesic activity, Anti-inflammatory activity [64]

# Latest Researches

- 1. Antioxidant activity of ethyl acetate extract of Aquilaria agallocha on nitrite-induced methaemoglobin formation-In human blood hemolysate, the inhibitory effect of EAA on nitrite-induced oxidation of haemoglobin was evaluated in vitro at various concentrations. At different concentrations its antioxidant effect was tested.EAA was found to have antioxidant activity even at lower concentrations.[63]
- 2. Phytochemical and antimicrobial screening of extracts of Aquilaria agallochaRoxb. The agar well method was used to investigate the methanol and aqueous extracts of A. agallocha leaf and bark's antibacterial activity. According to the findings, the leaf's methanol extract had the highest inhibition zone against B. subtilis (19 mm). All of the other extracts had

moderate inhibition zones of 14 to 18 mm against all of the tested bacteria. [62]

3. Analgesic and Anti-Inflammatory activity of Heartwood of Aquilaria AgallochaIn Laboratory Animals - Analgesic activity was evaluated by using tests such as Acetic acid induced writhing in mice, Formalin induced paw licking in mice and Tail flick method in mice. Research findings shows that the EAA treatment had reduced the intensity of acetic acid induced abdominal constriction in mice. Anti-inflammatory activity was tested by Carrageenan induced paw edema in rat and Cotton pellets induced granuloma. All three phases of edema were equally inhibited by EAA, indicating that the extract inhibits the release of these endogenous mediators in anonselective manner. The analgesic and antiinflammatory effects of EAAare confirmed by the study. [64]

# TAGAR (Valerianawallichii DC.)

Valerianawallichii also known as Tagar, is a hairy perennial herb belongs to Valerianeaceae family. It grows up to 3,000 meters above sea level in temperate Himalayan and Khasia hills. [65]It has been employed in the indigenous medical system to treat inflammatory diseases. It has also proven



helpful for pain disorders. Its essential oil possesses

antimicrobial activity. [66]

	Dhanvantri	Rajdev	Kaydev	Nighantu	Bhavprakash	
	Nighantu [9]	Nighantu [10]	Nighantu [11]	Adarsh [12]	Nighantu [13]	
Varga	ChandanadiVarga	KarveeradiVarga	AushadhiVarga	JatamasniVarga	KapuradiVarga	
Synonyms	KutilVakra, Deen,	Kutil, Vakra,	Tagar, Kutil,	Tagar, Kutil,	Kalaanusarya,	
	Jihwa, Nata,	Kunchit, Natta,	Nata, Shath,	Nata, Jihna,	Tagar, Kutil,	
	Shath,	Nahusha,	Kalaanusaryak,	Vakra	Nahusha, Nata,	
	Kalanusaryak,	Rajaharshan,	Nahusha,		Pindatara,	
	Anriju, Kunchita,	Parthiv,	Nripa, Vakra,		Dandhasti	
	Nahush &Nripa	Kalaanusarak,	Bahirasth			
		Chatra, deen,				
		Dadruhasta,				
		jihna				

#### **Categorisation of Tagar in classics**

# Rasa panchaka (Ayurvedic pharmacological property) of Tagar in various texts

Nighantu	Raspancha	Therapeutic				
	Rasa	Guna	Virya	Vipaka	Dosha Karma	Uses
Shaligram	Madhura	Laghu,	Ushna	-	Tridoshahara	Visha, Apasmar,
Nighantu [14]		Snigdha				Netraroga,
						Shiroroga.
Bhavprakash	Madhura	Snigdha,	Ushna	-	Tridoshahara	Shoola, Visha,
Nighantu [13]		Laghu				Netraroga,
						Apasmaar
Rajdev	Tikta	-	Sheet	-	-	Netravikar,
Nighantu [10]						Visha, Unmaad
Dhanvantri	Kashaya	Snigdha	Ushna	-	Tridoshahara	Visha,
Nighantu [9]						Netraroga,
						Apasmaar.
						Shiroroga
Kaidev	Madhura,	Laghu,	Ushna	Katu	Tridoshahara	Visha,
Nighantu [11]	Tikta,	Snigdha				Netraroga,
	Katu,					Apasmaar.
	Kashaya					Shiroroga
Nighantu	Madhura,	Laghu	Ushna	Katu	VatapittaNasha	Kustha,
Adarsh [12]	Tikta,				k	Vatarakta,
	Katu					Stanyashudhi
Dravya Guna	Tikta,	Laghu,	Ushna	Katu	Kaphavatanash	Vedanasthapana,
Vigyana [15]	Katu,	Snigdha			ak	Vranaropana,
	Kashaya					Vishaghana,
						Swashara

#### **Chemical constituents**

Its root contains Actinidine, carotene, calarenol, valeranal, coniferin, hexacosanic acid. 1homoacevaltrate etc. Plant contain active ingredients like valerosidate, valeriotetrate A, hexacosonic acid, valeriosidatum etc.Rhizomes and Root constitute of active chemicals like flavonoids such as hesperidin, naphthoic acid, valepotriates, valeranone, dihydrovaltrate. Root oil consists of limonene, nerolidol, angelic acid, valerene, borneol, nerolidol, maaliol. [67]Other active

constituents of Valerianawallichii are sesquiterpenes, 6-methyl apigenin and hesperidinoids. [68]

#### Pharmacological activity

Analgesic, antibacterial, Antioxidant, antiinflammatory, antispasmodic, diuretic, carminative. It could be employed as sedative. [69]

#### Latest Researches

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- 1. Antimicrobial and anti-inflammatory activities of leaf extract of Valerianawallichii DC - Agar well diffusion method was used to measure the antibacterial and anti-inflammatory properties of the leaf extract of Valerianawallichii. S. flexneri, S. typhi, B. subtilus, and S. aureus were all inhibited by the antibacterial properties of various fractions of the methanolic extract of V. wallichii. The effect of carrageenan-induced paw oedema on the anti-inflammatory capacity of V. wallichii leaf extract was examined. In comparison to NSAID products, the crude methanolic leaf extract of V. wallichii had a significant antiinflammatory effect during both phases of inflammation.[70]
- 2. Antioxidant and Hepatoprotective Activity of Ethanol Extract of Valerianawallichii in CCl4 Treated Rats - The tests showed a significant antioxidant potential of the extract in both In vitro antioxidant tests.[71]

3. A Study on Analgesic Activity of Valerianawallichi (Tagara) With Comparison to Standard Drug Piroxicam In Male Albino Rats - In this study, using Tail flick method in male Albino rats it was concluded that Valerianawallichi has potent analgesic activity.[72]

# LODHRA (SymplocosracemosaRoxb.)

Symplocosracemosa Roxb. is a small evergreen tree. It is a member of the Symplocaceae family.[73]It can be found in all nations that are tropical or subtropical. Numerous compounds in the plant have been linked to a variety of effects in conventional medical systems including Ayurveda and Unani.[74]It aids in wound cleansing, stops bleeding, and initiates a quick healing process.Additionally, it stops bleeding, cleans wounds, and kickstarts a quick healing process.It isalso helpful in cleaning of wound, holds bleeding and initiates fast healing process. The bark of the plant has anti-inflammatory & anti- microbial properties.[75]

	Dhanvantri Nighantu [9]	Rajdev Nighantu [10]	Kaydev Nighantu [11]	Nighantu Adarsh [12]	Bhavprakash Nighantu [13]
Varga	ChandanadiVar ga	Pippalayadi Varga	AushadhiVarga	RodhradiVarga	HaritkyadiVarga
Synonyms	Rodhra, Shaabraka, Tilak,Tiritak, Kandheen, Bhilli And Shabarpadap	Karmuka, Pattika, Valkarodhr a, Jirnabudhra, Jirnapatra, Akshibhais haj, Shavar, Valkal, Lakshapras ad	Tirit, Tilvak, Kaanin, Shaabrak, Brihattwak, Maarjan, Ghantwak, Akshibhaishaj	Rodhra, Lodhra, Akshibhaishaj, Shaavrak, Tiritak, Gaalav	Lodhra, Tilva, Tirit, Shavar, Galav, Kramuk, Jeernapatra, Brihatpatra, Patti, Laksha, Prasadan

# Categorisation of Lodhra in classics

Rasa panchaka (Ayurvedic pharmacological property) of Lodhra in various texts

Nighantu	Raspanch	Therapeutic				
	Rasa	Guna	Virya	Vipaka	Dosha Karma	Uses
Shaligram	Kashaya	Laghu	Sheet	-	Kaphapitta Hara	Shotha, Atisaar,
Nighantu						Visha,
[14]						Raktadosha
Bhavprakash	Kashaya	GrahiLaghu	Sheet	-	Kaphapitta Hara	Raktapitta,
Nighantu						Atisaar, Jwara,
[13]						Shotha
Rajdev	Kashaya	-	Sheet	-	Vatakaphahara	Raktavikar,
Nighantu	_					VishajanyaVikar,
[10]						Netravikar



Dhanvantri	Kashaya	Ruksha,	Sheet	-	Kaphanashak	Visha, Trishna,
Nighantu [9]		Grahi				Arochak
Kaidev	Kashaya		Sheet	Katu	Kaphapitta Hara	Shotha, Atisaar,
Nighantu[11]						Trishna, Visha
Nighantu	Kashya	-	Sheet	Katu	Kaphapitta Hara	Kushtha, Vrana,
Adarsh [12]						Kasa
Dravya	Katu,	Laghu,	Ushna	Katu	Kaphavatashamak	Kusthaghana,
Guna	Tikta	Ruksha,				Shothahara,
Vigyana [15]		Tikshna				Vednasthapan

It constitutes of colluturine, loturidine, oxalic acid, phytosterol, betulinic, acetyloleanolic, oleanolic and ellagic acids. It include flavonoids, phenols, tannins, saponins and glycosides.[76] Several flavonoid glucosides like symplocoside, symposide, leucopelargonidine-3 glucoside, ellagic acid, rhamnetin 3-digalactoside, triterpenoids like 19  $\alpha$ -hydroxy acetic acid3, 28-O-bisßglucopyranosides, betulin, lino-leic acid, βsitosterol and  $\alpha$ -amyrin and alkaloids like oturine, loturidine, colloturine and harmine are seen as chief bio actives from the plant.[77]

#### Pharmacological activity

#### Anti-inflammatory

activity, Analgesic, Antidiarrhoeal, [78] spasmogenic, Anticancer activity, Hepatoprotective activity, Anti-angiogenic activity. Antioxidant, [79] Antimicrobial. [80]

#### Latest Researches

1. Antidiarrhoeal, Anti-inflammatory and analgesic activities of Symplocosracemosaroxb. Bark - Both the hot plate method and the writhing test were used for the analgesic test. The evaluation of the anti-inflammatory response used the formalin test on mice and the carrageenan-induced paw

Lategorisation of Tha Laha in classics									
	Dhanvantri	Rajdev	Kaydev	Nighantu	Bhavprakash				
	Nighantu [9]	Nighantu [10]	Nighantu [11]	Adarsh [12]	Nighantu [13]				
Varga	SwaranadiVarga	KsheeradiVarga	Dhanyavarga	PaatladiVarga	Dhanyavarga				
Synonyms	Homdhanya,	-	Tailaphala, Puta,	Tila	Tila				
	Pavitra,		Snehapurphala						
	Pitratarpan,								
	Papghana,								
	Putadhanya								

#### f TiloToilo in alas • .•

#### Rasa panchaka (Ayurvedic pharmacological property) of TilaTaila in various texts

Nighantu	Raspanchak	Therapeutic				
	Rasa	Guna	Virya	Vipaka	Dosha Karma	Uses
Shaligram	Madhura,	Snigdha,	-	Katu	Vatavinashak	Vrana,

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edoema test on rats.Crude extract of S. racemosadisplayed mild to moderate analgesic and anti-inflammatory response.[78]

- Pharmacological Study of Symplocosracemose 2. Roxb Antioxidant activity of hydroalcoholicextractof Symplocosracemose was analysed using DPPH method. It showed good antioxidant activity. It also exhibits significant antioxidants, with around 78.59% radical scavenging activity.[79]
- Antibacterial evaluation and phytochemical 3. screening of SymplocosracemosaRoxb.- An antibacterial evaluation of the petroleum ether and ethanolic extract was carried out and result showed that ethanolic extract possess a good antibacterial action.[80]

#### TILA TAILA (Sesamum indicum Linn.)

Sesameis an annual crop of height between 1.6 and 3.3 ft, belongs to Pedaliaceae family. The seeds of the plant are small in size, ovaland slightly flattened. These are rich in oil and containing 35 - 57% oil, depending on the variety.[81]The "crown of eight grains" and a "allpurpose nutrient bank," sesame seeds are known for their high nutritional content. Additionally, sesame seeds are employed as topical ointmentand pain reliever.[82]



Nighantu [14]	Tikta.	Ushna				Malrodhaka.
r (ignunu [1 i]	Katu.	C Sinta				Keshaya
Bhaynrakash	Madhura	Guru	-	Katu	Kaphapittahara	Keshaya Vrana
Nighantu [13]	Tikta	SnigdhaUshna		IIIII	Impilipiliuniu	neonaya, viana
Tighuntu [10]	Katu	Shiganaoshina				
	Kashaya					
Rajdev	Madhura,	Tikshna	Ushna	-	Kaphavatahara	Kandu, Krimi,
Nighantu [10]	Tikta,					Vrana
0 1 1	Kashaya					
Dhanvantri	Madhura,	Guru, Snigdha	Ushna	Katu	Kaphapittakara	Vrana,
Nighantu [9]	Tikta,	_				Keshaya, Balya
-	Katu,					
	Kashaya					
Kaidev	Madhura,	Guru, Snigdha	Sheet	Katu	Vatanashak	Vrana,
Nighantu [11]	Tikta,					Keshaya,
	Katu,					Medhaya
	Kashaya					
Nighantu	Madhura,	-	Ushna	Katu	Kaphapittahara	Vranashodhana,
Adarsh [12]	Tikta,					Vranaropana,
	Katu,					Vatashoola,
	Kashaya					
Dravya Guna	Madhur,	Guru, Snigdha	Ushna	Madhura	Tridoshshamak	Vednasthapana,
Vigyana [15]	Kashaya,					Vranshodhan,
	Tikta					Vranaropana,
						Sandhaniya

Sesame contains many important functional components such as sesamin, sesamolin, sesamol, sesaminol, sesamolin phenol ascorbic acid, biotine, and other lignan-like active ingredients. Itincludeslignans, polyphenols, phytosterols, phenols, aldehydes, anthraquinones, naphthoquinones, triterpenoids, and other organic compounds.[83-85]

# Pharmacological activity

Analgesic, Antioxidant, hepatoprotective, antitumour, hypotensive.

# Latest Researches

- 1. The Effects of Topical Sesame (Sesamum indicum) Oil on Pain Severity and Amount of Received Non-Steroid Anti-Inflammatory Drugs in Patients with Upper or Lower Extremities Trauma- Results indicated that topical sesame oil application is effective in reducing pain severity and reducing the frequency of received NSAIDs.[86]
- Biochemical Composition, Antioxidant Power and Antiinflammatory of Dehulled Sesamum indicum Seeds and Its Coat Fraction- The antiinflammatory activity was assessed using the carrageenan-induced rat paw oedema assay,

and extracts demonstrated the greatest inhibition of carrageenan (70% for 5% and 85.56% for 10%), compared to diclofenac at 1%, which produced an inhibition of 78.9%. DPPH testing and total antioxidant capacity were used to assess antioxidant activity. Results indicate an improved total antioxidant capability. [87]

- 3. In vitro evaluation of roots, seeds and leaves of Sesamum indicum L. for their potential antibacterial and antioxidant properties-Methanol and aqueous extracts of Sesamum indicum L. were screened to detect in vitro antioxidant DPPH and thiobarbituric acid (TBA)] and antimicrobial (disc diffusion and deep well diffusion) activity. Methanol extract, as opposed to aqueous extracts, demonstrated promising antimicrobial and antioxidant activity in various parts of S. indicum. [88]
- 4. Evaluation of the Wound Healing Activity of Sesame Oil Extract in Rats- The study found that rats treated with 0.2 sesame oil extract, 0.13 sesame oil extract, and 0.1 sesame oil extract had a better healing pattern than the control group. Sesamin extract groups had a significantly shorter wound length and a much faster rate of wound closure than control groups.[89]



#### PHARMACOLOGICAL ACTIVITIES OF PLANTS SUPPORTING WOUND HEALING Anti-inflammatory activity

The inflammation phase of normal wound healing is crucial because it produces neutrophils, which are in charge of microbial clearance at the wound site (phagocytosis). In addition, growth factors and inflammatory cytokines are formed.Due to the net degradation of soluble growth factors and matrix components, any pathological activity that this self-contained physiological disrupts mechanism can prevent wound healing. [90-91] Research studies shows that all the herbal drugs present in RopanaTaila has shown antiinflammatory activity.

#### Antimicrobial activity

It is believed that microorganisms play a significant role in the onset of infection-related issues and the sluggish healing of chronic wounds. The process of healing is slowed down by sepsis, which is caused by a bacterial infection. [92]Antimicrobial activity has been demonstrated by various research studies on each ingredient.

# Antioxidant activity

It is well known that antioxidantscan aid in the healing process of wounds. [93] All drugs present in RopanaTaila possess antioxidant activity.

# Analgesic activity

Patients with wounds frequently experience pain. Neuropathic pain or tissue injury (nociceptive pain) are the physiological causes of wound pain. Pain may impede wound healingbymisregulating immunological and neuroendocrine systems, which are essential to the healing process. Therefore, it is possible to treat wound pain with herbal remedies that have analgesic and anti-inflammatory properties. [94]As a result, herbal remedies with analgesic and antiinflammatory properties can be used to treat wound pain.Daruharidra, Devdaru, Priyangu, Agar, Tagar, lodhra and TilaTaila all possess analgesic action when experimental studies were conducted.

# II. DISCUSSION

There are three phases to wound healing: the inflammatory phase, the proliferative phase, and the remodeling phase. Each phase requires specific conditions for wound healing.[95] Most of the plants in the formulation are having predominance of Katu, Tikta and Kashaya Rasa.

Tikta and Katu Rasa have the Krimighana action (anti-bacterial and anti-fungal action).Wound healing is aided by antibacterial activity. [96-97]Additionally, Katu Rasa has an antiinflammatory effect known as Shothahara.Tikta, Kashayarasadravyas also have the property of drying which aids in wound healing and reduces the period of inflammation that causes wounds to take longer to heal.[96]Due to its haemostasis property, SheetaVirya plays a more significant role during the inflammatory phase of the clotting process. The analysis of VranaRopana herbs indicates predominance of Madhura, Kashaya Rasahaving Madhura Vipaka and SheetaVirya. [6]It could be because Madhura Rasa aids in Dhatu Poshana (tissue regeneration) and Kashaya Rasadravyas aid in wound closure through their Sandhanakarma (tissue binding) actions.The majority of wound-healing herbs are said to also have antimicrobial properties. It is wellstated that plants rich in taninns, flavonoids, saponins, sterols, phenols, and triterpinoidshave the potential to heal wounds.[98]The plant's anti-inflammatory, antioxidant, and antimicrobial properties enhances wound healing.

# III. CONCLUSION

This article is an attempt to present the literary review of the ingredients present in the formulation RopanaTaila. It helps in better understanding that presence of phytochemical constituents in the plants mentioned in the formulation like flavonoids, alkaloids, tannins etc gives anti-inflammatory, antioxidant and antimicrobial action. This pharmacological activity helps the formulation in the management of wound.

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